

HAVE YOU GOT THE LEGS TO RACE OVER RIVINGTON'S TOUGHEST MOORLAND?



WWW.LOSTOCKAC.CO.UK

HENDERSON'S END FELL RACE 2016

CAT BM/6.8MILES/1,200FT OF ASCENT
WELL MARSHALLED AND BMRT IN ATTENDANCE

THURSDAY 2ND JUNE AT 7:30PM

REGISTRATION/START/FINISH RIVINGTON (UPPER) BARN (GR. SD634145)

PRIZES 1ST 2ND 3RD MAN/WOMAN

1ST M/F VET M40, M50, M60, M70, F35, F45, F55, F65.



ENTRY FEE
£4.00

MORE
DETAILS AT
LOSTOCK.CO.UK

Name: DOB:
Address: Age on Race Day: (Min 18)
..... Vet Category: M40 M50 M60 M70 F35 F45 F55 F65
Club: Male/Female:
Emergency Contact Name: Emergency Contact Number:
Email: Telephone:

I understand that this race is held in accordance, and that I have familiarised myself, with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the Organiser's information and requirements in connection with this race. I confirm that I have navigational skills appropriate for this race and will carry throughout the race any equipment specified either by the FRA Safety Requirements or by the organiser. I accept the hazards involved in fell running and acknowledge that I am entering and running this race at my own risk. Other than the Organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the Organiser accepts no liability to me for any loss or damage of any nature to me or my property arising out of my participation in this race.

Signed: Date: