



William Smith
679 Chorley New Road
Horwich
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25th May 2011

**Dear William Smith,
Lostock Athletics Club**

Thank you so much for your donation of **£200.00** to Help for Heroes. We appreciate every penny that comes in and we will ensure that it is put to use providing support for the men and women who are injured in the service of our country.

When Emma and I decided to do our bit to help 'the blokes', the men and women of our Armed Forces, we had no idea that so many people felt the same as us. We are proud parents of a soldier and know what it is to have him away fighting; we also know what it is like to see his friends injured with their lives changed forever. We cannot prevent these terrible injuries but by joining together with others in support, we can do something positive and help them on the road to recovery.

We have already been able to fund the Headley Court Rehabilitation Complex, assist other Service charities such as Combat Stress and SSAFA in their excellent work and helped fund adaptive sports through the Battle Back programme.

The next project for H4H, which your donation will go towards, aims to ensure those wounded in the line of duty get the very best support, for life. H4H is working with the Services to establish a Recovery Capability that will not just ensure that those who leave get jobs, but that they have access to a comprehensive range of support. This support will encompass the learning of new skills to the access of psychological, financial, employment, prosthetic and social support - a "one stop welfare shop" for our wounded and their families.

Our work is by no means over, there is a great deal to do but your contribution will make a great difference to the lives of some very special people. On behalf of all of us at H4H and all those who we will help, thank you.

With thanks

Bryn Parry OBE
Emma Parry OBE
Co Founders Help for Heroes

www.helpforheroes.org.uk