

HAVE YOU GOT THE LEGS TO RACE OVER RIVINGTON'S TOUGHEST MOORLAND?



WWW.LOSTOCKAC.CO.UK

HENDERSON'S END FELL RACE 2011

CAT BS/6MILES/800FT OF ASCENT
WELL MARSHALLED AND BMRT IN ATTENDANCE

THURSDAY 2ND JUNE AT 7:30PM
REGISTRATION/START/FINISH RIVINGTON (UPPER) BARN (GR. SD634145)

JUNIOR RACE 1.8MILES/200FT/7:00PM
(NUMBERS TO BE PICKED UP ON THE DAY ONLY)

PRIZES 1ST 2ND 3RD MAN/WOMAN
1ST M/F VET M40, M50, M60, F35, F45, F55
1ST BOY/GIRL U12, U14, U16, U18

ENTRY FEE
£3.00
(JUNIORS £1.00)

**MORE
DETAILS AT
LOSTOCK.CO.UK**

POSTAL ENTRIES TO ADRIAN HOPE, 35 CANAL WALK, CHORLEY, PR6 0TW



SPORT PERFORMANCE & PHYSIOTHERAPY



Name: DOB:

Address: Age on Race Day:

..... Vet Category: M40 M50 M60 F35 F45 F55

..... Male/Female:

Club: Junior U/12 U/14 U/16 U/18

Email: Telephone:

I understand that this race is held in accordance with both the rules and safety requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in this race.

Signature: Date: